Flatten the Curve

Help us flatten the curve!

Some in the public have asked why certain steps are being taken by public health officials.

No mass gatherings of 250

Closing of schools

Social distancing

By taking these steps we believe the number of coronavirus (COVID-19) will not spike so high and overburden the health system.

There are things you can do to help us “Flatten the Curve.”

Wash your hands frequently

Stay home when you are sick

Cover your coughs and sneezes

Avoid public gatherings

We’re in this together and we’ll get through together.

Riverside University Health System-Public Health