Facts about Novel Coronavirus

Who's at risk?
Most people experience a mild fever and cough. Seniors and those with underlying health conditions are at highest risk.

Treatment
Drink plenty of fluids
Rest
Take pain or fever medications

Symptoms
Symptoms may appear in as few as 2 days or as many as 14 days after being exposed to the virus.
What can you do?

- Wash your hands with soap and water. If not available, use hand sanitizer.
- Avoid touching your eyes, nose, or mouth.
- Avoid close contact with others, and wait 24 hours after your symptoms go away before resuming contact.
- Cover your mouth/nose with a tissue or sleeve when coughing or sneezing.

If you believe that you need medical attention please reach out at:

1 (800) 720-9553  
RUhealth.org/CHC

*If you have difficulty breathing, call 911*