Protocol for County Health and Human Services Care Providers
(EH, All RUHS-PH, BH, CHCS, non-HCW Med Center and DPSS)
(Separate protocols for healthcare workers, first responders, and EOC staff)

Exposed – Asymptomatic

- 14 day quarantine.
  - Twice-daily temperature check.
  - Monitor for respiratory and other symptoms suggestive of COVID-19 (e.g. new loss of taste or smell)
  - If source patient tests negative, quarantine can be lifted.
  - If source patient tests positive, refer county worker for PCR testing, if it has been at least 5-7 days since the last exposure. 14-day quarantine is still required despite a negative test, if tested prior to the end of the quarantine period.

- Can work wearing a surgical mask (if allowed by employer).
- If asymptomatic, can be released from quarantine after 12:01 AM on the 14th day.
- If worker develops ANY symptoms, exclude from work, and refer for PCR testing unless within 7 days of symptom onset (see below).

Exposed – Symptomatic

- Exclude from work. Instruct in home isolation.
  - Twice-daily temperature check
  - Monitor for worsening respiratory or development of additional symptoms suggestive of COVID-19. (e.g. new loss of taste or smell)
- Refer for testing.
  - While test is pending continue home isolation.
  - If test is negative and no longer symptomatic:
    - If source patient ruled out, discontinue isolation and clear for work.
    - If source patient is positive, complete 14-day quarantine. May return to work during the quarantine period with a surgical mask as above (if allowed by employer) when completely asymptomatic and afebrile for 24 hours.
  - If test is negative, but still symptomatic, an individualized assessment for other potential diagnosis (e.g., flu) is required to determine whether repeat testing may be indicated.

Positive COVID-19 Test

Symptomatic County Workers with suspected or confirmed COVID-19:
To remain on home isolation until all conditions are met:
- Resolution of fever for at least 24 hours since the last fever spike, without the use of fever-reducing medication and improvement in symptoms. (e.g., cough, shortness of breath, sore throat).
- At least 10 days have passed since the last positive test. Encourage workers not to retest.

County Workers with laboratory-confirmed COVID-19 who have not had any symptoms:
To remain on home isolation until:
- 10 days have passed since the date of their last positive COVID 19 diagnostic test assuming they have not subsequently developed symptoms. Encourage workers not to retest.
- If they develop symptoms, then the protocol for symptomatic individuals should be used.

Note: PH clearance is not required.