Riverside County Public Health Local Guidance for Providers
(For the community)
Positive or Assumed COVID-19 Test and Non-Test approaches

For Persons with COVID-19 under Home Isolation:
The decision to discontinue home isolation should be made in the context of local circumstances. Based on CDC guidance there are two options:

1.) **Non-test based strategy** using a time-since-illness-onset and time-since-recovery approach. Persons with suspected COVID-19 who have symptoms and were directed to care for themselves at home may discontinue home isolation under the following conditions:

   - At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications.
   - **AND** improvement in respiratory symptoms (e.g., cough, shortness of breath)
   - **AND** at least 10 days have passed since symptoms first appeared.

2.) Test–based strategy which requires two negative NP swabs collected at least 24 hours apart. This is contingent on the availability of ample testing supplies and laboratory capacity as well as convenient access to testing.

Riverside County Public Health has adopted a modified non-test-based criteria for clearance of COVID-19 positive patients. Retesting for clearance is not generally recommended.

Persons who have positive test results for COVID-19 who have symptoms and were directed to care for themselves at home must remain on home isolation until:

   - Have been afebrile for 72 Hours without fever reducing medications.
   - **AND** has shown improvement in respiratory symptoms for at least 72 hours.
   - **AND** at least 10 days have passed since the last COVID-19 positive test.
   - **UNLESS** otherwise directed by Public Health. Call (951) 955-9099.

Individuals with laboratory-confirmed COVID-19 who have not had any symptoms may discontinue home isolation when:

   - At least 10 days have passed since the date of their first positive COVID-19 diagnostic test. **AND**
   - 10 days have passed since the date of their first positive COVID 19 diagnostic test assuming they have not subsequently developed symptoms since their positive test.
   - If they develop symptoms, then the protocol for symptomatic individuals should be followed.

Clearance by Primary Care Providers:
We are requesting that Primary Care Providers instruct their patients and provide clearance for work per the guidelines above. (Please note, health care workers and emergency responders require additional clearance through their employers and Public Health).