Protocol for County Workers
(Separate protocols for healthcare workers, first responders, EOC staff, and
County Health and Human Services Providers)

Exposed – Asymptomatic

- 14 day quarantine.
  - Twice-daily temperature check.
  - Monitor for respiratory symptoms.
  - If source patient tests negative, can lift quarantine.
  - If source patient tests positive, even if employee tests negative, 14-day quarantine
    still required even if tested prior to the end of the quarantine period.

- If ANY symptoms, refer for testing (below).

Exposed – Symptomatic

- Exclude from work, 14 day quarantine. Instruct in home isolation.
  - Twice-daily temperature check
  - Monitor for respiratory symptoms.
- Refer for testing.
  - While test is pending continue home isolation.
  - If test is negative and no longer symptomatic:
    - If source patient was negative, discontinue isolation and clear for work.
    - If source patient was positive, complete 14 day quarantine. May return to
      work after the quarantine period is complete when completely
      asymptomatic and afebrile for 24 hours.
  - If test is negative, but still symptomatic, an individualized assessment of other
    potential diagnosis (e.g., flu) is required for whether repeat testing may be
    indicated.

Positive COVID-19 Test

Symptomatic County Workers with suspected or confirmed COVID-19:
To remain on home isolation until:
- Resolution of fever without use of fever-reducing medication and improvement in
  symptoms for 24 hours (e.g., cough, shortness of breath; sore throat); and,
- At least 10 days have passed since last positive test. Encourage workers not to
  retest.

County Workers with laboratory-confirmed COVID-19 who have not had any symptoms:
To remain on home isolation until:
- 10 days have passed since the date of their first positive COVID 19 diagnostic test
  assuming they have not subsequently developed symptoms. Encourage workers not
  to retest.
- If they develop symptoms, then the protocol for symptomatic individuals should be
  used.

Note: PH clearance is not required.

Riverside County Department of Public Health
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