Riverside County Public Health Local Guidance for Providers
(For the community)

Positive or Assumed COVID-19 Test and Non-Test approaches

For Persons with COVID-19 under Home Isolation:

The decision to discontinue home isolation should be made in the context of local circumstances. Options now include two options:

1.) Non-test based strategy using a time-since-illness-onset and time-since-recovery approach. Persons with suspected COVID-19 who have symptoms and were directed to care for themselves at home may discontinue home isolation under the following conditions:

- At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications.
- AND improvement in respiratory symptoms (e.g., cough, shortness of breath)
- AND at least 7 days have passed since symptoms first appeared.

2.) Test-based strategy in contingent on the availability of ample testing supplies and laboratory capacity as well as convenient access to testing.

Persons who have positive test results for COVID-19 who have symptoms and were directed to care for themselves at home must remain on home isolation until:

- Has been afebrile for 72 Hours without fever reducing medications
- AND has shown substantial or complete resolution in respiratory symptoms for at least 72 hours.
- AND at least 7 days since last positive test.
- UNLESS otherwise directed by Public Health. Call (951) 955-9099

Individuals with laboratory-confirmed COVID-19 who have not had any symptoms may discontinue home isolation when:

- At least 7 days have passed since the date of their positive COVID-19 diagnostic test.
- AND have no pending test.
- AND have no subsequent illness.

Clearance by Primary Care Providers:
We are requesting Primary Care Providers to provide their patients guidance and clearance for work per the guidelines above. (Please note, health care workers require additional clearance through their employers and Public Health).