Protocol for Health Care Workers

Exposed – Asymptomatic

• 14 day quarantine.
  o Twice-daily temperature check.
  o Monitor for respiratory symptoms.
  o If source patient ruled out, can lift quarantine.

• Can work wearing a surgical mask (if allowed by employer).
• If ANY symptoms, exclude from work and refer for testing (below).
• Even if tested and tests negative, 14 day quarantine still required.

Exposed – Symptomatic

• Exclude from work, 14 day quarantine. Instruct in home isolation.
  o Twice-daily temperature check
  o Monitor for respiratory symptoms.
• Refer for testing.
  o While test is pending continue home isolation.
  o If test is negative and no longer symptomatic:
    • If source patient ruled out, discontinue isolation and clear for work.
    • If source patient was positive, complete 14 day quarantine. May return to work with a surgical mask as above (if allowed by employer) when completely asymptomatic and afebrile for 72 hours.
  o If test is negative, but still symptomatic, an individualized assessment of other potential diagnosis (e.g., flu) is required for whether repeat testing may be indicated.

Positive COVID-19 Test

• Remains on home isolation until:
  o Has been afebrile for 72 hours without antipyretics,
  o AND has shown substantial or complete resolution in respiratory symptoms for at least 72 hours,
  o AND at least 7 days since date of last positive test.
  o Must be cleared by Public Health – Clearance letter will be provided.