



**FREE**

# *Smoking Cessation*

**YOU CAN DO IT!  
ADD QUALITY AND YEARS TO YOUR LIFE!**

**Riverside County Tobacco Control Project offers classes  
throughout the County**

**Location:**

**Hemet Family Care Center**  
880 N. State Street  
Hemet, CA 92543

**March 10, 17, 24, 31, 2008**  
**3:00 p.m. – 5:00 p.m.**  
Mondays in the **Conference Room**  
**Follow-up:** Monday, April 28, 2008

**PRE-REGISTRATION IS REQUIRED**  
**CALL (951) 358-4977**