



MEDIA ADVISORY

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**“GUARDIAN OF THE BRIDGE” TO TALK SUICIDE
PREVENTION
MONDAY APRIL 22 ON RIVERSIDE’S DOWNTOWN
PEDIASTRIAN MALL**

Free exhibition to raise awareness about mental health at
colleges and universities

RIVERSIDE, Ca.— Kevin Briggs, a retired California Highway Patrol sergeant who dissuaded hundreds of people from jumping from the Golden Gate Bridge during his career, will be keynote speaker Monday, April 22 at 9 a.m. during **Send Silence Packing**, an emotionally powerful exhibit that increases awareness about suicide prevention and provides resources for help. Send Silence Packing is a free national exhibition that raises awareness about suicide prevention on college and university campuses. The event is open to the public and will be held on the downtown Riverside pedestrian mall at 3700 Main St., Riverside Ca. For more information visit www.rcdmh.org or call 951-955-3448.

WHO: Kevin Briggs, retired California Highway Patrol. “Guardian of the Bridge” joined by Riverside County Third District Supervisor Chuck Washington and representatives from local and regional mental and public health agencies, civic stakeholders and guests. He will share his experiences while patrolling the Golden Gate Bridge and his personal story of physical

and mental health challenges. Supervisor Washington will announce plans for a countywide suicide prevention task force.

WHAT: **Send Silence Packing, a free public exhibition to raise awareness about suicide prevention with special focus on college and university campuses.**

WHERE: 3700 Main Street, Riverside CA (downtown pedestrian mall)

WHEN: Speakers set to begin at 9 a.m. on April 22, with exhibit and resources onsite throughout the morning.

WHY: This important conversation about suicide prevention and hope is sponsored by Riverside University Health System—Behavioral Health. The event is free and open to the public.

MEDIA: Photography, videography, interviews, resources to educate your audience about suicide prevention and how to help those at risk.

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