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Contact:

Jose Arballo Jr., Senior Public Information Specialist

Riverside University Health System-Public Health

Office: 951.358.5599 Cell: 951.712.3705

Email: jarballo@rivcocha.org

Registration now open for Oct. 27 Maternal Mental Health Conference in Loma Linda

Registration is now open for the 7th Annual Maternal Mental Health Conference in Loma Linda that will feature discussions on the impact of faith and culture on health issues associated with pregnancy.

The conference, organized by the Inland Empire Perinatal Mental Health Collaborative (IEPMHC) and sponsored by a variety of organizations, is scheduled for Oct. 27 from 8 a.m. until 5 p.m. at the Loma Linda University Centennial Complex, 24760 Stewart St., Loma Linda. Registration cost \$40 and includes breakfast and lunch. The first paying registrants for this seminar will also receive a free book on the topic. Click [here](#) for application.

The "Impact of Culture and Faith on Parental Mental Health" will feature a panel discussion on faith and its positive impact on mental health, along with presenters Dr. Sandraluz Lara-Cinisomo from the University of Illinois; Victoria Hendrick, M.D., Reproductive Psychiatrist, UCLA; and Kendra Flores-Carter, MSW from Arrowhead Regional Medical Center (ARMC) regarding issues affecting African-American mothers.

At the end of the day, there will be a panel presentation by representatives of each of the major faiths.

Health professionals and members of the public interested in perinatal health issues are welcomed to attend this conference as well as to come to its monthly meetings which take place the first Wednesday of the month from 10 AM to Noon at The Wylie Center.

“The conference has grown each year and had such a positive impact on both professionals and members of the community,” said Lisa Marie Dryan, LCSW - coordinator for IEPMHC. “Culture and faith are such important elements of peoples’ lives and it seems natural to look at how they impact health.”

Also, if you know someone experiencing a maternal mental health disorder, please contact The Wylie Center at (951) 683-5193 as they are able to provide free individual, couples and family therapist for residents of the Riverside and San Bernardino Counties who either have no health insurance or are unable to afford the co-payments or deductibles for their health insurance. We also anticipate holding a FREE mother wellness support group within the next few weeks.

For more information about the collaborative, go to www.iepmhc.org.