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## **RivCo Public Health offers free HIV testing on National HIV Testing Day June 27**

As part of National HIV Testing Day Riverside University Health System-Public Health is offering free HIV testing June 27 in Riverside through its mobile health van.

The testing will take place outside Public Health headquarters, 4065 County Circle Drive in Riverside, between 10 a.m. and 3 p.m. No appointment is needed.

“Information is power so knowing your health status gives you power,” said Kim Saruwatari, director of public health, who is featured on a [video](#) promoting the event. “Testing only takes a few minutes and you can have results in about 20 minutes. That is such a small investment of time for something that is so important.”

In addition to the testing, games and giveaways will be offered, as well as tours of the mobile van.

According to the [Centers for Disease Control and Prevention \(CDC\)](#), about one in seven people in the U.S. who have HIV don't know that they are HIV positive.

Young people are the most likely to be unaware of their HIV infection, according to the CDC.

CDC recommends that everyone between 13 and 64 get tested for HIV at least once as part of routine health care. People with certain risk factors should be tested more often. People who test HIV positive can take medicines to stay healthy and greatly reduce their chance of transmitting the virus.

For more information on HIV testing, call 951.358.5307 or click [www.rivcohivadis.org](http://www.rivcohivadis.org)