

## Community Action Partnership Cool Centers

### Keep Cool! Protect Your Health When It's Hot!

County of Riverside Community Action Partnership is coordinating Cool Centers to serve as drop-in sites for vulnerable individuals, seniors, the disabled, and others in need of temporary relief from the heat.

#### Hot Weather Tips:

- Drink plenty of water. Avoid alcohol and caffeine.
- Wear a wide-brimmed hat, or use an umbrella for shade.
- Wear lightweight, light-colored, loose clothing.
- Slow down—rest in the shade or a cool place when possible.
- **Never** leave a child, elderly, disabled person, or animal alone in a vehicle.
- Keep shaded areas with fresh water for outdoor animals.
- Turn on your air conditioner.
- Check on friends and neighbors who are elderly, have medical conditions, or are at higher risk for problems when it is very hot.
- If you do not have an air conditioner, use a fan, make sure your windows are open, and visit a cool center.
- Take a cool shower or bath.
- When it is hotter than 90° ,visit a friend that has air conditioning in their home or a cool place like a mall, a library or a senior center.

You are also at risk if you have certain medical conditions, take medication for high blood pressure, have a mental health condition, have been using drugs or alcohol, or have had a previous heat-related illness.

**For Cool Center locations, hours and tips on how to protect yourself from heat related illnesses, please call:**

Summer Energy Crisis Hotlines

(888) 636-8676 / TTY or (951) 955-4900 or 2-1-1

Monday-Friday 8 a.m. - 5 p.m.

**EMERGENCIES CALL 911**

[www.capriverside.org](http://www.capriverside.org)

## COOL CENTERS FOR RIVERSIDE COUNTY

<u>Cool Center</u>	<u>Location</u>	<u>City &amp; Zip</u>	<u>Hours of Operation</u>	<u>Phone Number</u>	<u>Cross Streets</u>
Anza Community Hall	56630 Hwy. 371	Anza 92536	Mon-Fri 8:00 AM - 4:00 PM	951-428-0901	Contreras Rd. at Hwy. 371
Banning Senior Center	769 N. San Gorgonio	Banning 92220	Mon-Fri 8:00 AM - 5:00 PM	951-922-3250	Wilson & San Gorgonio
Renaissance Pet Resort & Spa Cool Center for Pets	1346 E. Ramsey Street	Banning 92220	Mon-Fri 7:00 AM - 7:00 PM Sat 8:00 AM - 5:00 PM	951-849-5020	Hathaway & Phillips
Albert A. Chatigny Senior Community Center	1310 Oak Valley Parkway	Beaumont 92223	Mon-Thu 8:00 AM - 4:00 PM Fri 8:00 AM - 3:00 PM	951-769-8539	Cherry & Oak Valley Pkwy.
Blythe Community Center	445 N. Broadway	Blythe 92225	Tues & Thurs 12:00 PM - 4:00 PM	760-922-8801	Chanslor Way & Broadway
Colorado River Senior Center	1 Hidden Valley Road	Blythe 92225	Mon- Fri 9:00 AM - 1:00 PM	760-922-6133	Hwy 95 & Hidden Valley
James A. Venable Community Center	50390 Carmen Ave.	Cabazon 92230	Mon-Thu 9:00 AM – 5:00 PM Fri 9:00 AM – 12:00 PM	951-922-1097	Broadway & Carmen
Calimesa Senior Center *Seniors only*	908 Park Avenue	Calimesa 92320	Mon-Thu 8:30 AM - 4:00 PM Fri 8:30 AM - 12:00 PM	909-795-2287	County Line & Park
Rancho Calimesa Mobile Home Ranch	10320 Calimesa Blvd.	Calimesa 92320	Mon-Sun 7:00 AM - 8:00 PM	909-795-4363	Calimesa Blvd.
The Cathedral Center	37-171 W Buddy Rogers	Cathedral City 92234	Mon- Fri 9:00 AM - 4:00 PM	760-321-1548	B St. at West Buddy Rogers

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Coachella Senior Center *Seniors only*	1540 7th St.	Coachella 92236	Mon-Thu 7:30 AM - 5:30 PM Fri 7:30 AM - 4:00 PM	760-398-0104	7th at Orchard
Circle City Center	365 N. Main St.	Corona 92880	Mon- Sat 9:00 AM - 5:00 PM	951-817-5755	N. Main St. & E. Harrison
Desert Hot Springs Boys and Girls Club *Ages 7-17 only breakfast and lunch provided	11-750 Cholla Dr.	Desert Hot Springs 92240	Mon-Fri 7:30 AM - 5:30 PM	760-329-8800	Cholla Dr.
Desert Hot Springs Senior Center *Seniors only*	11-777 West Dr.	Desert Hot Springs 92240	Mon-Fri 8:00 AM - 4:30 PM	760-329-0222	West at Pierson
Desert Hot Springs WIC/CAP	14320 Palm Drive	Desert Hot Springs 92240	M-W-TH 8:00 AM - 5:00 PM Tues 8:30 AM - 6:00 PM Open every other Friday	760-778-2094	Palm Drive & Park Lane
Hemet Simpson Center Valley-Wide Rec & Parks	305 E. Devonshire Ave.	Hemet 92543	Mon-Thu 8:00 AM - 7:00 PM Fri 8:00 AM - 1:00 PM	951-929-5607	Buena Vista & State St.
Coachella Valley Rescue Mission	84110 Manila St.	Indio 92201	Mon-Sun 8:00 AM - 6:00 PM	760-347-3512	Manila & Luzon St.
Indio Senior Center *Seniors only*	45-700 Aladdin St	Indio 92201	Mon-Fri 7:30 AM - 4:30 PM	760-391-4170	Aladdin at Shadow Palm
La Quinta Wellness Center	78-450 Ave. La Fonda	La Quinta 92253	Mon-Fri 8:00 AM - 5:00 PM	760-564-0096	Calle Tampico at La Quinta Public Library
Lake Elsinore Senior Center *Seniors only*	420 E. Lakeshore Drive	Lake Elsinore 92530	Mon-Thu 8:00 AM - 4:00 PM Fri 9:00 AM - 4:00 PM	951-674-2526	Lakeshore Drive
Lakeview Chapel	32700 Mission Trail	Lake Elsinore (Wildomar) 92530	Tues-Fri 9:00 AM - 5:00 PM	951-674-2825	Mission Trail

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Mecca Boys and Girls Club	91-391 Avenue 66	Mecca 92254	Mon-Fri 7:30 AM - 5:30 PM	760-396-2380	66th at Date Palm
Mecca WIC/CAP	91275 66 <sup>th</sup> Avenue	Mecca 92254	M-W-TH 8:00 AM - 5:00 PM Tues 8:30 AM - 6:00 PM Open every other Friday	760-863-7335	66th at Date Palm
Kay Cenicerros Senior Center	29995 Evans Road	Menifee 92586	Mon-Fri 8:00 AM - 5:00 PM	951-672-9673	Newport & Evans
The Concern, Inc.	26830 Cherry Hills Blvd.	Menifee 92586	Mon-Fri 10:00 AM - 4:00 PM Sat and Sun as needed	951-679-2374	Sun City Blvd & Chery Hills Blvd.
Moreno Valley Library	25480 Alessandro Blvd.	Moreno Valley 92553	Mon-Thu 9:00 AM - 8:00 PM Fri 9:00 AM - 6:00 PM Sat 9:00 AM-5:00p PM Sun 12:00 PM-5:00 PM	951-413-3880	Alessandro & Kitching
Moreno Valley Senior Center	25075 Fir Ave.	Moreno Valley 92553	Mon-Thu 8:00 AM - 4:00 PM	951-413-3430	Fir Ave & Perris Blvd
Murrieta Senior Center *Seniors only*	5 Town Square	Murrieta 92562	Mon-Fri 8:00 AM - 4:00 PM	951-304-7275	Between Juniper and Jefferson
Rose M. Eldridge Senior Center	2690 Clark Ave	Norco 92860	Mon-Thu 8:00 AM - 6:00 PM Fri 8:00 AM- 12:30 PM	951-270-5647	Clark & Market
North Shore Beach and Yacht Club Community Center	99-155 Sea View Drive	North Shore 92254	Mon-Fri 6:00AM – 10:00AM and 5:00 PM – 9:00 PM	760-391-1201	Marina Dr. & Sea View Dr.
Joslyn Center	73-750 Catalina Way	Palm Desert 92260	Mon-Thu 8:00 AM - 5:00 PM Fri 8:00 AM - 4:00 PM	760-340-3220	Catalina & San Pascual
Palm Desert Community Center	43-900 San Pablo Ave	Palm Desert 92260	Mon-Fri 6:00 AM - 9:00 PM Sat 10:00 AM - 2:00 PM	760-568-9697	Fred Waring & San Pablo

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James O. Jessie Desert Highland Unity Center	480 Tramview Road	Palm Springs 92262	Mon-Fri 10:00 AM - 6:00 PM	760-323-8271	N. Indian Canyon Dr. & Tramview
Perris Senior Center *Seniors only*	100 N. D St.	Perris 92570	Mon-Thu 9:00 AM - 5:00 PM	951-657-7334	W. San Jacinto Ave & N. D St.
Arlanza Community Center Bryant Park	7950 Philbin Ave	Riverside 92503	Mon-Thu 8:00 AM - 9:00 PM Fri 8:00 AM - 6:00 PM	951-351-6135	Philbin & Van Buren Blvd.
Cesar Chavez Community Center Bobby Bonds Parks	2060 University Ave	Riverside 92507	Mon-Fri 8:00 AM -5:00 PM	951-826-5746	University & Kansas
Dales Senior Center *Seniors only*	3936 Chestnut St.	Riverside 92501	Mon-Fri 9:00 AM -6:00 PM	951-826-5303	University & Chestnut
Janet Goeske Center *Seniors only (50+)*	5257 Sierra St.	Riverside 92504	Mon-Fri 7:00 AM - 9:00 PM Sat 9:00 AM - 5:00 PM Sun 1:00 PM -5:00 PM	951-351-8800	Streeter Ave & Sierra St.
La Sierra Community Center	5215 La Sierra Ave Building A	Riverside 92505	Mon-Thu 3:00 PM - 9:00 PM Fri 3:00 PM – 6:00 PM	951-351-6131	La Sierra Ave & Gramercy Pl.
La Sierra Senior Center *Seniors only*	5215 La Sierra Ave Building B	Riverside 92505	Mon-Fri 9:00 AM -6:00 PM	951-351-6435	La Sierra Ave & Gramercy Pl.
Joyce Jackson Community Center *Nichols Park*	5505 Dewey Ave	Riverside 92504	Mon-Thu 3:00 PM - 9:00 PM Fri 3:00 PM – 6:00 PM**	951-351-6130	Dewey & Streeter
Renck Community Center Hunt Park	4015 Jackson St.	Riverside 92503	Mon-Thu 3:00 PM - 9:00 PM Fri 3:00 PM – 6:00 PM**	951-351-6132	Jackson St. & Garfield
Orange Terrace Community Center	20010 Orange Terrace Pkwy.	Riverside 92508	Mon-Thu 9:00 AM – 9:00 PM Fri 9:00 AM- 6:00 PM	951-826-5858	Orange Terrace Pkwy. & Deercreek Dr.

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Ruth Lewis Community Center Reid Park	701 N. Orange St.	Riverside 92501	Mon-Thu 3:00 PM – 9:00 PM Fri 3:00 PM- 6:00 PM	951-826-5654	Center St. & Orange St.
Stratton Community Center Bordwell Park	2008 Martin Luther King Blvd	Riverside 92507	Mon-Thu 9:00 AM – 9:00 PM Fri 9:00 AM- 6:00 PM	951-826-5355	Kansas Ave & Martin Luther King Blvd.
Ysmael Villegas Community Center Villegas Park	3091 Esperanza St.	Riverside 92504	Mon-Thu 9:00 AM – 9:00 PM Fri 9:00 AM- 6:00 PM	951-351-6142	Ysmael Villegas St. & Madison
Mary Phillips Senior Center	41845 6 <sup>th</sup> St.	Temecula 92590	Mon-Fri 8:00 AM – 5:00 PM Sat 10:00 AM – 4:00 PM	951-694-6464	6 <sup>th</sup> St. & Old Town Front St.
Jerry Rummonds Senior & Community Center	87-229 Church Street	Thermal 92274	Mon-Thru 2:15 PM - 6:15 PM	760-399-1408	Church St. & Olive

**\*Total Number of Cool Centers: 48**